

**SWEET HARMONY CAFÉ AND BAKERY**  
**158 BROAD STREET**  
**MIDDLETOWN, CT 06457**  
**(860) 344-9646**

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*Catering for \$\$\$-*

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**Hors D'Oeuvres**

Prices break down by bracket 25pieces/50pieces/100+

Shiitake Mushroom & Pine Nut Mousse-Chilled cucumber round topped (\$1.25/\$.95/\$.85)

Pot Stickers-Pork filled Dumpling with garlic/soy dipping sauce (\$.95/\$.85/\$.75)

Mini Turkey Spring Rolls- (\$1.25/\$.95/\$.85)

Barbeque Baby Back Ribs (\$1.65/\$1.55/\$1.45)

Anchovy/Black Olive Dip (\$1.20/\$1.00/\$.90)

Assorted Mini Quiche (\$1.45/\$1.25/\$.95)

Mini Chive Pancakes-Topped with Porcini and Sausage Mousse (\$1.75/\$1.50/\$1.25)

Mini Dill Pancakes-Topped with smoked Salmon Mousse (\$1.75/\$1.50/\$1.25)

Chilled Figs & Prosciutto (\$1.95/\$1.85/\$1.75)

Parmesan Cheese, Sun-Dried Tomato & Prosciutto Palmiers-Stuffed and baked puff pastry (\$1.95/\$1.85/\$1.75)

Parmesan, Spinach and Portobello Mushroom Palmiers-Stuffed and baked puff pastry (\$1.85/\$1.75/\$1.65)

Chorizo Puffs- Chorizo Sausage baked in Choux pastry (\$1.25/\$1.00/\$.75)

Sausage/Pistachio Pate-Baked spicy sausage, beef, cranberries and pistachios served on assorted crackers (\$.95/\$.50/\$.40)

Teriyaki Chicken Drumettes-Marinated chicken, baked to perfection (\$1.25/\$.95/\$.85)

Cherry Tomato Stuffed Crab (\$1.50/\$1.25/\$.95)

Swedish Meatballs (\$1.00/\$.85/\$.75)

Mushrooms Florentine-Baked mushrooms topped with spinach and parmesan cheese (\$1.50/\$1.25/\$.95)

Roasted Turkey Breast Chunks in a Cranberry/Chambord Sauce (\$1.00/\$.75/\$.55)

Cheese Tortellini in a Fettuccini Alfredo Sauce (\$.95/\$.75/\$.55)

X-Large Shrimp Scampi on a stick (\$2.50/\$\$1.75/\$1.50)

Skewered Breaded Coconut Chicken Tenders (\$1.50/\$1.25/\$.95)

Sea Scallops Wrapped in Bacon (\$1.95/\$1.75/\$1.50)

Mini Hot Dog Wrapped in Puff Pastry (\$.95/\$.85/\$.75)

Skewered Lime Chicken Tender w/a Salsa Dip (\$1.50/\$1.25/\$1.00)

Spicy Chicken Satay Tender (\$1.50/\$1.25/\$1.00)

Marinated Beef on a Stick (\$1.75/\$1.50/\$1.25)

Asparagus Wrapped in Proscuitto (\$1.25/\$.95/\$.85)

Assorted Vegetables served with Artichoke Dip, Spinach Dip and Crackers (\$1.25/\$1.00/\$.85)

Assorted Cheese Platter (\$1.25/\$1.00/\$.95)

Cold X-Large Shrimp Platter w/Cocktail Sauce & fresh lemon wedges (\$2.00/\$1.75/\$1.50)

Cherry Tomatoes stuffed with Chicken Salad (\$.95/\$.85/\$.75)

#### Salad Platters

Prices by bracket serving size (25 serving size or 50 serving size)

South of the Border Chicken/Pasta Salad-spicy shredded chicken breast in pasta, fresh spinach, red and green peppers, red onions, cilantro and chili sauce topped w/ jack cheese and jalapenos. (\$125.00/\$200.00)

Hoppin' John Chicken Salad-tender black-eyed peas mixed with dirty rice, red and green peppers, red onions, celery, diced tomato, carrots in a fresh creamy garlic/herbal dressing. (\$125.00/\$200.00)

Fresh Crab/Asparagus Salad-Flaky crab with fresh asparagus, red and green pepper, pasta, carrots, baby bella mushrooms, tomatoes and pasta in a herbal dressing. (\$150.00/\$250.00)

Vegetarian Delight-Creamy mushroom risotto, fresh sweet peas, scallions, cherry tomatoes and black olives on a bed of crispy watercress and topped with fresh parmesan. (\$75.00/\$100.00)

Caesar Salad-Romaine, topped with homemade garlic croutons, dressing and fresh parmesan cheese. (\$50.00/\$75.00)

Shrimp Scampi Salad-Tender shrimp cooked in a white wine sauce and added to pasta, fresh parsley, cherry tomatoes, scallions, shredded carrots and mushrooms in a roasted garlic/port reduction sauce. (\$175.00/\$275.00)

Red Potato Salad-Roasted red potatoes mixed with boiled eggs, celery, spinach, carrots, fresh parsley, scallions and spicy mayonnaise sauce. (\$50.00/\$75.00)

Fresh Fruit Salad-Chunky watermelon, honeydew, cantaloupe, strawberries, blueberries, red, black and white grapes and other seasonal fruits. (\$85.00/\$125.00)

Cheese Tortellini Salad-Tender cheese stuffed tortellini mixed with fresh spinach, basil, cherry tomatoes, calamata olives, red and green peppers, red onions in a parmesan sauce. (\$75.00/\$175.00)

Seafood Salad-Tender bay scallops, shrimp and crab mixed with wild rice, zucchini, yellow squash, cherry tomatoes scallions in a lime/ginger sauce. (\$175.00/\$300.00)

Coleslaw- Shredded cabbage, carrots and Granny Smith apples in a Dijon/mayonnaise sauce. (\$40.00/\$60.00)

Papaya Salad-Shredded papaya mixed with cherry tomatoes, bean sprouts, fresh basil leaves, scallions and cilantro in a soy sauce/lime juice dressing topped with honey roasted pecans. (\$75.00/\$175.00)

Black Forest Ham Salad-Chopped ham mixed with bow tie pasta, cherry tomatoes, carrots, red onions, red and green peppers, celery, fresh parsley and black beans in a herbal mayonnaise sauce. (\$100.00/\$175.00)

Salmon Salad-Chunks of roasted salmon mixed with fresh asparagus, red tomatoes, spinach, yellow squash, zucchini, red onions red peppers and fresh parsley in a thyme/dill sauce. (\$200.00/\$350.00)

Tri-Colored Pasta Salad-Shredded Carrots, red onions and fresh spinach in a herbal mayonnaise dressing. (\$45.00/\$75.00)

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## II.

### BUFFET DINNER MENU

Two Meat Entrees (\$25.00) Three Meat Entrees (\$35.00)  
Four Meat Entrees (\$45.00)

#### Salad Choices

(Please select one of the following)

Garden Spring Mix (Choice of Dressings: Vidalia Onion, Ranch, Creamy Italian, Raspberry Vinaigrette) for Caesar Salad or Antipasto please add \$.50 per serving

#### Pasta Choices

Penne Pasta (Please select two of the following sauce choices): Marinara, Fettuccini Alfredo (add shrimp \$1.00), Sundried Tomato/Caper & Parmesan Cheese or ground Turkey/Marinara sauce)

Lasagna - Vegetarian add \$5.00 per person  
- Meat(Sausage/Ground Beef) add \$7.00 per person

#### Poultry

Chicken Marsala  
Honey/Apricot Baked Chicken Breast  
Chicken Parmesan  
Pecan Encrusted Chicken Breast with a Chunky Cranberry/Chambord Reduction  
Coq Au Vin

#### Beef

Beef Teriyaki Tips (add \$1.00)  
Beef Bourguignon (add \$2.00)  
Roast Prime Rib of Beef (add \$3.00)  
Chateaubriand (add \$5.75)  
Blue Cheese crusted Filet Mignon in a Port Reduction (add \$3.00)  
and Portobello Mushrooms

## **Pork**

Roast Pork Loin-Center Cut w/ a Maple Glaze  
Baked Pork Chops Stuffed w/ Sausage, Spinach Cheese  
Sausage and Peppers  
Glazed Boneless Ham

## **Seafood**

Stuffed Scrod (add \$1.50-stuffed w/ shrimp and crab)  
Baked Stuffed Shrimp (add \$2.50-stuffed w/ shrimp and  
crab)  
Baked Stuffed Sole  
Baked Salmon w/ a Dill Sauce

## **Side Dishes**

String Beans in a Sour Apple Sauce  
Rice Wild/Brown

**or**

Broccoli  
Rice Pilaf

**or**

Asparagus in a Citrus Glaze (add \$.50)  
Mashed Potatoes

**or**

Sauteed Mixed Garden Vegetables  
AuGratin Potatoes

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## **III.**

### **Miniature Desserts**

Bracket pricing 25/50/100+

Miniature Carrot Cake w/ Cream Cheese Frosting (\$3.50/\$2.50/\$2.00)

Miniature Creamy Cheesecake (\$3.50/\$2.50/\$2.00)

Miniature mango cake w/ pineapple mousse (\$3.00/\$2.75/\$2.50)

Miniature chocolate cake w/ chocolate truffle (\$2.75/\$2.50/\$2.00)

Miniature lemon cake w/ raspberry mousse/lemon mousse (\$3.00/\$2.75/\$2.50)

Miniature cherry cake w/white chocolate mousse (\$2.75/\$2.50/\$2.00)

Miniature strawberry cake w/strawberry mousse (\$3.00/\$2.75/\$2.50)

Miniature Pumpkin/Praline Cheesecake (\$3.50/\$2.50/\$2.00)

Miniature German Chocolate Cake (\$3.00/\$2.25/\$1.95)

Miniature Tiramisu (\$4.50/\$3.50/\$3.00)

Miniature Mocha Butter Rum filled Chocolate Espresso Cups (\$2.50/\$2.25/\$2.00)

Miniature White Chocolate/Macadamia Nut Espresso Cups (\$2.75/\$2.50/\$2.25)

Miniature Lemon Meringue Tarts (\$1.95/\$1.85/\$1.75)

Miniature Dutch Apple Pie Tarts (\$1.50/\$1.25/\$1.00)

Miniature Cream Filled Horns (\$1.95/\$1.85/\$1.75)

Miniature Fruit Tart (\$3.50/\$2.25/\$2.00)

Miniature Chocolate/Peanut Butter Tarts (\$1.75/\$1.50/\$1.25)

Miniature Chocolate Mousse filled Swans (\$3.25/\$3.00/\$2.75)

Miniature Three-Nut Gourmet Chocolate Chip Cookies (\$.95/\$.80/\$.75)

Miniature Cream Puffs Drizzled w/Chocolate Truffle Sauce & Toasted Slivered Almonds  
 (\$.75/\$.65/\$.55)

**\*\*\*Whole cakes and pricing are available upon request**

*All Prices are subject to CT Sales Tax*

**\* We are not responsible for the following, but will provide it upon request at market pricing:**

Table Set Up

Linens

Dishes

Silverware

Serving Staff

Delivery

Disposable Chafing Dishes

Sternos

Disposable Serving Utensils